

**IMPORTANT INSTRUCTIONS FOR PROCEDURES \*\*READ CAREFULLY\*\***

- Amount due will be sent via text & email. This should be paid prior to your appointment. Contact billing if you need to make payment arrangements 214-948-7700 option 3, option 3
- Anesthesia & outpatient facility cost are SEPARATE from DPC costs & will be billed SEPARATELY
- **NO SHOW/LATE CANCELATION FEE WITHOUT 24 HOURS NOTICE: \$100**

**If you opted for sedation, read the additional instructions on page 2 in full.**

**Instructions & IMPORTANT information regarding your procedure: \*\*Read Carefully\*\*  
Failure to follow these instructions will result in your procedure being canceled**

- **Attire:** Dallas Office - Wear any comfortable clothing. **Only cervical & shoulder injections** will be required to change into a hospital gown. All other outpatient facilities may require you to change into a gown.
- Morning Medications: All patients **MUST** take their morning maintenance medications the day of procedure.
- **If being sedated-** take maintenance medications below with a **SMALL sip of water**
- **Take Blood Pressure medicine & check your blood pressure** \*High blood pressure may result in your procedure being canceled for your safety.
- Take Acid Reflux/Heartburn medications
- **Do NOT take Diabetic Medication if you are being sedated.** Check blood sugar levels the morning of your appointment & contact the office if it is abnormally high or low.
- **Medications to be stopped 7 days prior to ESI, facet, RFAs & SCS trials – (Do NOT stop for shoulder, knee, hip or SI joint injections.**  
ALL blood thinning medications, prescribed or over the counter, such as anti-inflammatory NSAIDS & aspirin medications – examples: Aspirin 81 mg, Fish Oil, BC Powder, Ibuprofen, Aleve, Advil, Naproxen, Celebrex/Celecoxib, Meloxicam, Mobic, etc.) Check the labels of any over the counter medications for aspirin or anti-inflammatory ingredients. **See the next page for prescribed blood thinners.**
- **Fever/Infection/Antibiotics** - Contact the office if you develop a fever, infection or get prescribed antibiotics within 7 days of your procedure as this may affect you being able to have a procedure. Call the office even if you have an infection & are not on antibiotics. Steroids can cause an infection to become worse.
- **High Blood Sugar** - Steroids may cause high blood sugar that should resolve within a few days. **If your blood sugar levels continue to remain high – follow up with the prescribing physician as soon as possible.**

**READ ALL INSTRUCTIONS CAREFULLY – CONTINUED ON NEXT PAGE**

**DO NOT STOP THE FOLLOWING MEDICATIONS WITHOUT CLEARANCE FROM THE PRESCRIBING PHYSICIAN OR UNTIL TOLD TO DO SO BY A MEMBER OF STAFF**

\*\*\*We will submit to the prescribing physician for permission for you to stop these medications. Please reach out to your physician & let them know that we will be contacting them. \*\*\*

<b>Coumadin/Warfarin (requires blood work within 24 hours of procedure)</b>			
<b>Plavix/Clopidogrel</b>	<b>Eliquis/Apixaben</b>	<b>Brilinta/Ticagrelor</b>	<b>Xarelto/Rivarobaxin</b>
<b>Levenox/Enoxaparin</b>	<b>Pradaxa/Dabigatran</b>	<b>Fragmin/Dalteparin</b>	<b>Aggrenox/Dipyridamole</b>
<b>Effient/Prasugrel</b>	<b>Aspirin 325mg</b>	<b>Heparin</b>	

You need to stop the above medication per the instructions given by a member of staff.

**\*\*\*IMPORTANT INFORMATION FOR PATIENTS RECEIVING SEDATION\*\*\***

- Anesthesia is billed SEPARATELY  
Nothing to eat or drink 8 hours prior to procedure (this includes coffee, gum, mints and candy)
- Drink plenty of water the day before your procedure
- Must have a responsible adult who will:
  - Drive you to and from appointment
  - Remain in the waiting room for the duration of the procedure

**Public transportation is NOT permitted unless a responsible adult accompanies you**  
**Public transportation includes such services as Handi-Ride, Uber, or Medicaid cab**

**Diabetic patients:** Hold your diabetic medication until after the fasting period & check your glucose levels the morning of your procedure & contact office if abnormally high or low.

Are you taking any of the following medications for diabetes? **Yes:** Additional clearance information may be required.

Ozempic (Semaglutide)	Trulicity (Dulaglutide)	Byetta (Exenatide)	Zepbound (Tirzepatide)
Rybelsus (Semaglutide)	Wegovy (Semaglutide)	Victoza (Liraglutide)	Saxenda (Liraglutide)
Bydureon BCise (Exenatide)	Mounjaro (Tirzepatide)		

**If sole medication for diabetes control –**

- will require approval from the prescribing physician.
- Do **NOT** stop medication until told to do so.
- Reach out to your prescribing physician to ensure that we receive a timely response.

Stop medication for a full 7 days. **Stop date** \_\_\_\_\_

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**If you have any questions or concerns, please reach out to your Provider’s medical assistant through the portal or at our office (214) 948-7700**

Dallas – Dr. Eric Jenkins & NP Kelley Hanna	Option 2, Option 1, Option 2
Richardson – Dr. Darren Schuhmacher & NP Karen Workman	Option 2, Option 2, Option 2
Mansfield – Dr. Eric Jenkins & NP Kelley Hanna	Option 2, Option 3, Option 2

*The risks of the interventional procedure, include but are not limited to paralysis, nerve injury, infection, persistent pain, blood clots, pulmonary embolus, need for repeat intervention, cardiac events, fat embolus, swelling, stroke and death; the benefits of the procedure; and the alternatives to the procedure include second opinions, delaying intervention, further conservative care, or alternative medicine. Contact your medical team with any questions, changes or concerns that arise prior to the procedure.*